



Class-Wide behavior
support that FITS

**MORE
TIME** | **TO TEACH
TO LEARN**

CW-FIT Best Practices

Group contingencies are an evidence-based strategy proven to impact student behavior positively. It's all about using the power of group performance—when teams work together, everyone wins! Instead of focusing on individual behavior, this strategy rewards small groups for staying on track, making it a great way to get students to motivate each other.

CW-FIT consists of four key components, with Component 2, Team Contingency (Dependent Group Contingency), focusing on the use of group-based strategies to encourage positive behavior.

In this issue, we'll share some best practices for using Team Contingency, so you can learn how working together as a team can improve the energy of your classroom and help students stay engaged.

Improve Behavior

Students feel motivated to regulate their behavior to benefit the team. Group accountability can encourage positive behavior and discourage disruptions.

Increase Collaboration and Teamwork

Students learn to work together and support each other, fostering a sense of community. Cooperative learning environments often emerge, which can enhance academic and social outcomes. This strategy can level the playing field by valuing teamwork over individual achievement.

More Time to Teach

Managing group behavior often reduces the need for individual interventions, allowing teachers to focus on instruction rather than constant behavior correction.

Enhanced Motivation

Students are motivated by the opportunity to earn group rewards, which might range from tangible items (stickers) to social rewards (extra recess time).

Tips for Effective Implementation

Set Clear Expectations:

Define behavioral goals and the criteria for success.

Choose Appropriate Rewards:

Ensure that rewards are meaningful and age-appropriate.

Monitor Progress:

Regularly observe and document behavior to maintain fairness.

Encourage Positive Peer Support:

Teach students how to encourage and support their peers in meeting group goals.

Use in Combination:

Integrate with other strategies, such as individual reinforcement plans or social-emotional learning practices.



Upcoming CW-FIT Presentations

CW-FIT will be at the following conferences

February

[Midwest Symposium for Leadership in Behavior Disorders \(MSLBD\)](#)

Kansas City, MO. February 20-21

March

[Association for Positive Behavior Support \(APBS\)](#)

St. Louis, MO. March 12-14

April

[Small School District Association \(SSDA\)](#)

Sacramento, CA. April 6-8

Follow us on Social Media for presentation dates and times



DID YOU KNOW ?

Research supports the idea that reinforcing positive group behavior, rather than focusing on individual reprimand or punishment, leads to improved student cooperation and self-regulation. Studies on cooperative learning, such as those by Johnson & Johnson (2005), highlight that structured group contingencies promote higher academic achievement, positive peer relationships, and better classroom behavior.