## NEWSLETTER

Winter 2025

Class-Wide behavior support that FITS

MORE | TO TEACH TIME | TO LEARN

# **CW-FIT Best Practices**

Group contingencies are an evidence-based strategy proven to impact student behavior positively. It's all about using the power of group performance—when teams work together, everyone wins! Instead of focusing on individual behavior, this strategy rewards small groups for staying on track, making it a great way to get students to motivate each other.

CN-FIT

CW-FIT consists of four key components, with Component 2, Team Contingency (Dependent Group Contingency), focusing on the use of group-based strategies to encourage positive behavior.

In this issue, we'll share some best practices for using Team Contingency, so you can learn how working together as a team can improve the energy of your classroom and help students stay engaged.

#### **Improve Behavior**

Students feel motivated to regulate their behavior to benefit the team. Group accountability can encourage positive behavior and discourage disruptions.

#### **Increase Collaboration and Teamwork**

Students learn to work together and support each other, fostering a sense of community. Cooperative learning environments often emerge, which can enhance academic and social outcomes. This strategy can level the playing field by valuing teamwork over indiviual achievement.

### **More Time to Teach**

Managing group behavior often reduces the need for individual interventions, allowing teachers to focus on instruction rather than constant behavior correction.

#### **Enhanced Motivation**

Students are motivated by the opportunity to earn group rewards, which might range from tangible items (stickers) to social rewards (extra recess time).

## Tips for Effective Implementation

#### **Set Clear Expectations:**

Define behavioral goals and the criteria for success.

#### **Choose Appropriate Rewards:**

Ensure that rewards are meaningful and ageappropriate.

#### **Monitor Progress:**

Regularly observe and document behavior to maintain fairness.

#### **Encourage Positive Peer Support:**

Teach students how to encourage and support their peers in meeting group goals.

#### **Use in Combination:**

Integrate with other strategies, such as individual reinforcement plans or socialemotional learning practices.

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# **Upcoming CW-FIT Presentations**

CW-FIT will be at the following conferences

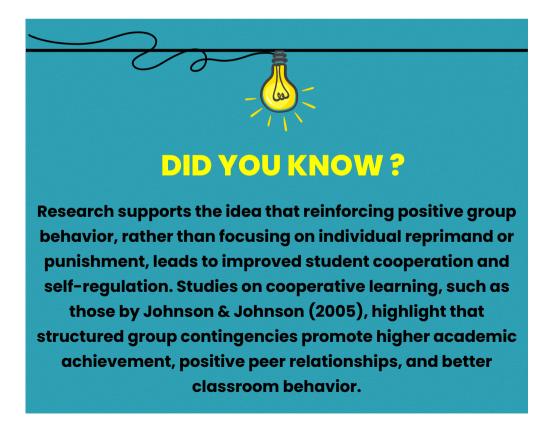
**February** <u>Midwest Symposium for Leadership in Behavior Disorders</u> (MSLBD) Kansas City, MO. February 20-21

March

Association for Positive Behavior Support (APBS) St.Louis, MO. March 12-14

**April** <u>Small School District Association</u> (SSDA) Sacramento, CA. April 6-8

Follow us on Social Media for presentation dates and times



Let's be social!

