



CW-FIT NEWSLETTER

WHAT'S NEW



CW-FIT, formally known as Class-Wide Function-Related Intervention Teams, will now be Class-Wide FIT. This change reflects the scope of research, experience, and expertise the intervention has gained demonstrating that CW-FIT is well suited for a variety of class settings, subjects, and lesson designs. CW-FIT will continue to improve class-wide engagement, increase teacher praise, and complement the Positive Behavior Interventions and Support (PBIS) program.

UPCOMING EVENTS

CW-FIT WILL PRESENT AT THE FOLLOWING CONFERENCES:

- **Iowa BEST Summit**
Des Moines, IA, October 10-11
- **California Positive Behavior Intervention and Supports**
Sacramento, CA, October 11-13

WE'D LOVE FOR YOU TO JOIN US!

PUBLICATIONS

Tier 1 Strong announcement

What Works Clearing House (WWC) has published an intervention report on CW-FIT and assigned it the highest evidence rating "Tier 1 Strong" for CW-FIT - Student Behavior. Only 18 WWC published intervention reports have received the Tier 1 evidence ranking.

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IN THE SPOTLIGHT

MARGARET HELWIG,
Principal of Lakewood Elementary School



What behavioral challenges were your teachers having?

When I became principal at Lakewood, I sat down with staff in 1 on 1 entrance "interviews". The recurring theme was that the behavior had become difficult to manage. I knew from working there as an instructional coach we had spent a lot of time on academic professional development, but limited time on PBS/behavioral/SEL-focused PD.

Why did you choose CW-FIT?

I worked with CW-FIT in another school as a district coach and knew that the strategy really helped support teachers to understand more clearly the impact of positive to redirect ratio. CW-FIT also supports teachers in learning how to explicitly teach expected behaviors, or how students can respond when their peers are not making the best choices, to minimize the disruption and secondary gains disruptive behavior can earn students. Students also receive feedback from not only their teacher, but their peers, as they work to achieve their CW-FIT goals collaboratively. Teachers also learn the value in community celebration-type incentives.

What improvements did you see in your teachers' practice and/or students' success?

Our teachers were able to see the benefit of giving more frequent positive verbal feedback to students and were able to celebrate small gains and successes as they began implementation. I also see a lot of joy as students get to take breaks to celebrate achieving their CW-FIT goals together throughout the day, which often, in turn, gives them movement breaks (mini dance parties, time to learn outside, a little free time of their choice, etc.) which fosters positive peer to peer interactions, adding to their positive classroom community connections, as well.

Is CW-FIT a tool you would recommend to other schools?

I would highly recommend CW-Fit to any principal or school leader who would like additional strategies that can be used by teachers at a Tier 1 level during tough times of the day. It helped my teachers reflect over the type of verbal feedback they are giving students, and re-trained them to focus on the positive. "Where the attention goes, the energy flows"- so this results in more positive behavior and happier teachers!